

# FACT SHEET : HOW TO USE ABORTION PILLS

## 8. SECOND DAY: USE MISOPROSTOL

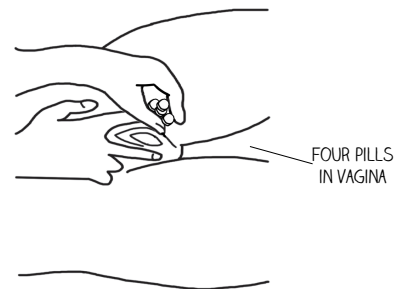
**Choose:** Put pills inside your cheeks, under your tongue, or in your vagina. Choose the method that feels best to you. Do this about 24 hours after swallowing the mifepristone.

**8 weeks or less:** If your period was 8 weeks or less ago, just use 4 of the 200mcg misoprostol pills. If your period was over 8 weeks, put a second dose in your mouth 4 hours later.

**More than 11 weeks:** If your period was more than 11 weeks ago, use 4 pills of the misoprostol at 24 hours and then 2 more pills 3 hours later, and then 2 more pills 3 hours after that and then 2 more pills every 3 hours until the pregnancy passes.

**For Mouth:** Put two pills inside each cheek or put four pills under your tongue. Hold them there for 30 minutes while your body absorbs the medicine. Then swallow the pills with a drink.

**For Vagina:** Put pills in your vagina. Lie down for 30 minutes as your body absorbs the medicine. If the pills fall out after 30 minutes, throw them away.



Your body absorbs the medicine from the pills within 30 minutes.

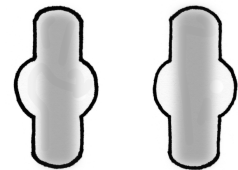
## 9. EXPECT BLEEDING

Cramps and heavy bleeding should start within 24 hours after misoprostol. You may see blood clots. You may have loose stools, fever, or chills. If you have no cramps and bleeding, you can use 2-4 more misoprostol pills. **You should contact your clinician if you don't bleed after using misoprostol.**



## 10. HOW MUCH BLEEDING IS TOO MUCH?

If you soak through two maxi-pads per hour, two hours in a row, you should contact a clinician.



**Remember 2 x 2**  
2 pads for 2 hours is too much – call us!

## 11. WHEN TO START BIRTH CONTROL

- You can get the implant as soon as the same day as the medication abortion.
- You can start the pill, patch, ring or shot a day or two after the misoprostol.
- You can get an IUD when the bleeding is slowed down enough.

